

22 - 28 July 2018

SESSIONS and SAIL

**A musical voyage, taking place for
the first time in Summer 2018**

- ✕ Open to players of Scottish, and other folk music, at all levels.
- ✕ Join the 100-foot brigantine Lady of Avenel in Mallaig and sail Scotland's beautiful west coast over 6 days and nights.
- ✕ Immerse yourself in the music, food and history of the region.
- ✕ Led by Square Rig captain and Shetland fiddler Barry Nisbet, the trip will include workshops and masterclasses from renowned Scottish musicians.
- ✕ Sessions, concerts and ceilidhs along the way.

**To join the inaugural journey or for more information,
email sessionsandsail@gmail.com; follow us on
[Facebook.com/SessionsandSail](https://www.facebook.com/SessionsandSail)**